

Sinus Augmentation Instructions

- Pre-Treatment Instructions
 - Use of nasal decongestant is encouraged to allow for proper drainage following sinus augmentation. Examples of nasal decongestants include “*Sudafed®*,” “*Mucinex®*,” and many other over-the-counter products available at any pharmacy or drug store. This medication should be used for the first 14 days following treatment.
 - Use of “probiotic” medications is encouraged for any patient during the course of antibiotic therapy during treatment. Examples of probiotic medications include “*Align® Probiotic Supplement*,” “*Culturelle® Probiotic Supplement*,” and many other products available at any pharmacy or drug store. If unsure ask your pharmacist for a recommendation.
- Post-Treatment Instructions
 - All medications should be used as directed by a pharmacist with guidance from Mueller Implants and Periodontics, including completion of prescribed antibiotics, routine use of anti-inflammatory medications prescribed, use of the prescribed nasal spray Fluticasone, and careful hygiene with Chlorhexidine™
 - Nose bleeds can and may occur following treatment.
 - Bruising may occur in the localized area treated, or potentially in remote areas.
 - Increased pressure can cause complications. To avoid complications please adhere to the following:
 - If you need to sneeze, sneeze with your mouth open.
 - Avoid blowing your nose if at all possible.
 - Avoid a “bearing down mechanism,” called the vasalva maneuver.

