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### **UELLER Implants & Periodontics**

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#### PRE-OPERATIVE INTRAVENOUS (IV) SEDATION INSTRUCTIONS

- 1. To reduce the chance of nausea, **DO NOT** eat or drink anything (including water) for at least 6 hours prior to your appointment.
  - a. If your surgery is in the morning, do not eat or drink anything between bedtime and your scheduled appointment.
  - b. If your surgery is in the afternoon, a light liquid breakfast before 7:00 AM is encouraged.
  - c. Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. Please swallow with a minimal amount of water.
- 2. A responsible adult, over 18 years of age, **MUST** accompany you to the clinic and is encouraged to remain in the clinic during the entire procedure. Following the sedation, this adult must escort the patient home. A responsible adult should remain with the patient for the next 24 hours.
- 3. A parent or legal guardian **MUST** accompany minors or persons under the age of 18 years old.
- 4. For intravenous sedation, patient should wear clothing that is not restrictive to the neck or arms. Patients should wear loose-fitting tops of which sleeves can be rolled to the shoulder. Patients are requested to wear short-sleeved tops and button down front tops.
- 5. Contact lenses **MUST** be removed prior to sedation. Nail polish should be removed.
- 6. Following the anesthetic, patient should refrain from driving a vehicle or engaging in any activity that requires alertness for the next 24 hours. The patient cannot drive home.

## FAILURE TO FOLLOW ANY OF THESE INSTRUCTIONS WILL RESULT IN CANCELLATION OF THE SEDATION APPOINTMENT



